## Sweetwater Volunteer Form **CSA Member**

Name:		Full Member	_Half			
Membership is under the name:						
Address:	C	ity:	Zip:			
Phone:	_Email:					
Emergency Contact:		Relationship: _				
Phone:						
Community Farm Ethics:  o Make sure to wear close-toed shoes (no sandals or open-toed shoes) – it's required while						

- working on the farm, so we all stay injury-free.
- o If you have questions, are unclear on instructions, or don't know how or what to do, PLEASE ASK!
- o When you're done with a task, <u>clean up all tools and materials immediately.</u> If you don't know where something goes, ask staff or put it back where and how you found it.
- If you see something broken or out of place, **let us know** so we can fix it.
- Be safe. We want to work hard and efficiently, while also remaining injury-free. Make sure to drink water, take breaks and pace yourself as needed.

#### **Member Volunteer Hours:**

Please note that each member is asked to volunteer 4 hours over the course of the season for 2015-2016.

### **Member Volunteer Hour Log:**

Date	Time In	Time Out	Hours Worked

# Sweetwater Organic Community Farm, Inc. RELEASE AND WAIVER OF LIABILITY

Please read carefully before signing

In consideration for allowing me to participate in activities sponsored by Sweetwater Organic Community Farm, Inc. (hereinafter "Sweetwater") and to enter upon the land on which such activities occur, I, for myself, my next of kin, my heirs, personal representatives, executors and administrators, do hereby release, forever discharge, and covenant not to sue Sweetwater, its officers, directors, or members, lessees or owners of land upon which Sweetwater's activities occur, Richard F. Martinez, their agents, representatives, successors and assigns, and each and every related entity, even if not specifically named, (hereinafter "Releasees") from all liabilities, claims, actions, damages, costs or expenses which I may have against them arising out of or in any way connected with my participation in the activities sponsored by Releasees, or arising out of strict liability or ordinary negligence of Releasees which causes the undersigned injury, death, or property damages, including injuries which may be suffered by me before, during or after my entry upon the land or participation in such activities. I understand that this waiver includes any claims based on negligence, action or inaction of any of the Releasees. I voluntarily choose to participate in the activities sponsored by Releasees, and I acknowledge that I am not required to participate in the activities sponsored by Releasees or to enter upon the land upon which such activities take place.

I understand that my participation in the activities sponsored by Releasees may involve inherent danger from natural elements, tools and machinery which I appreciate and which risk I voluntarily assume because I choose to do so.

I attest that I am in good health and physically capable of participating in all farm-related activities. I do not have any health issues that would pose a risk or liability or impede my ability to perform the volunteer work presented to me.

No oral representations or inducements have been made to me to sign this waiver/release. If any portion of this waiver/release is held invalid, it is agreed that the balance thereof shall continue in full legal force and effect.

I hereby assume full responsibility for and risk of bodily injury, death or property damage due to the negligence of Releasees or otherwise.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THIS RELEASE AND WAIVER OF LIABILITY.

DATED:	 	
NAME (print): _		
SIGNATURE: _		